

LIVE STREAM SUMMER TIMETABLE

12th July - Sunday 22nd August

For the summer, classes are for all levels, except Tuesday at 8pm which remains Advanced.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TIME 9:30am CLASS Pilates LEVEL All Levels TUTOR Sandra	TIME 11:15am CLASS Pilates LEVEL All Levels TUTOR Marla	TIME 9:30am CLASS Pilates LEVEL All Levels TUTOR Samantha	TIME 8.30am CLASS Pilates LEVEL All Levels TUTOR Vicky	TIME 9:30am CLASS Pilates LEVEL All Levels TUTOR Vicky	TIME 9:00am CLASS Stretchy Saturday Pilates LEVEL All Levels TUTOR Samantha	TIME 9:00am CLASS Yoga Flow LEVEL All Levels TUTOR Jo
		TIME 9.30am CLASS Yoga Flow LEVEL All Levels TUTOR Erika		TIME 11:00am CLASS Pilates LEVEL All Levels TUTOR Marla		
TIME 2:00pm CLASS Pilates LEVEL All Levels TUTOR Vicky						
TIME 19:00pm CLASS Pilates LEVEL All Levels TUTOR Samantha	TIME 19:00pm CLASS Pilates LEVEL All Levels TUTOR Samantha					
	TIME 20.00pm CLASS Pilates LEVEL Advanced TUTOR Samantha					

Virtual Prices : £11 per class paid as a 6 week block, £13 drop in. Discounts available for multiple blocks.